

# Breast Intentions

## A Breastfeeding Support Group

Twice monthly support group led by  
a certified lactation counselor.

- Help with common problems and solutions
- Breastfeeding in the early weeks
- Weaning when the time is right
- Going back to work
- Fussy babies
- Pumping
- Connect with other breastfeeding moms

**FOR:** Breastfeeding moms and their babies and pregnant women who are considering breastfeeding

**WHEN:** The 2nd and 4th Tuesday of the month in the morning.

**WHERE:** Machias Area - call 255-0212 for details.

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Women's Health  
Resource Library